

COOLSCULPTING® ELITE

Body Contouring



The CoolSculpting® Elite treatment is a noninvasive procedure that is intended to break down fat cells that are just beneath the skin by delivering controlled cooling at the surface of the skin.

HOW DOES IT WORK?

The CoolSculpting® Elite technology uses controlled cooling to target and freeze a portion of the fat cells under your skin. In the weeks that follow treatment, the body naturally begins to process the fat cells that were frozen during treatment and removes them from the treatment site thereby affecting the appearance of the treated bulge. You may start to see changes in as early as four weeks after your CoolSculpting® Elite procedure and will experience the most dramatic results after one to three months. Your body will continue to naturally process the injured fat cells for weeks to months after your procedure. Results may take up to 6 months to become visible. Visible results can vary from person to person.

IS IT SAFE FOR EVERYONE?

You should inform your provider of your entire medical history. You should not have the treatment if you are seeking treatment for obesity as CoolSculpting® Elite is not a weight loss treatment. You should not have treatment if you have one of the below conditions:

- **Cryoglobulinemia**, a condition in which an abnormal level of cryoglobulins (proteins which thicken in cold temperatures) are present in the blood.
- **Paroxysmal cold hemoglobinuria**, a blood disorder in which a change from cold to warm temperatures leads to red blood cell death.
- **Cold agglutinin disease**, an autoimmune disease in which exposure of blood to cold temperatures leads to red blood cell death.

FDA CLEARED FOR THESE AREAS OF THE BODY

For the treatment of visible fat bulges in the **submental** (under the chin) and **submandibular** (under the jawline) areas, **thigh, abdomen and flank**, along with **bra fat, back fat, underneath the buttocks** (also known as banana roll) and **upper arm**. It is also FDA-cleared to affect the appearance of lax tissue with submental area treatments. The CoolSculpting® Elite procedure is not a treatment for weight loss. It does not replace traditional methods such as diet, exercise, or liposuction.

Thank you!

FOR TRUSTING AESTHETIC SURGERY CENTRE AND MEDSPA FOR YOUR COOLTONE® TREATMENTS

Call us at 253.284.9230

DISCUSS WITH YOUR PROVIDER IF YOU HAVE ANY OF THE FOLLOWING BEFORE GETTING TREATMENT

- Known sensitivity to cold such as cold urticaria or Raynaud's disease, pernio, or Chilblains
- Known sensitivity or allergy to isopropyl alcohol, propylene glycol, fructose, or glycerin
- Impaired peripheral circulation in the area to be treated
- Nerve pain such as post-herpetic neuralgia or diabetic neuropathy
- Impaired skin sensation
- Open or infected wounds
- Bleeding disorders or simultaneous use of blood thinners
- Recent surgery or scar tissue in the area to be treated
- Hernia in or adjacent to the treatment site
- Skin conditions such as eczema, dermatitis, or rashes in the area to be treated
- Active implanted device such as pacemaker or defibrillator
- Chronic pain
- Anxiety disorder

What should I do if I am concerned about side effects?

Be sure to report to your physician or MedSpa provider (1) any side effect that lasts for more than two weeks and (2) any other symptom that causes you concern.

You may also contact the CoolSculpting® Elite Product Support line at **1-888-935-8471.**

POSSIBLE SIDE EFFECTS

During a treatment:

- Sensations of pulling, tugging, and mild pinching at the treatment site
- Intense cold, tingling, stinging, aching, cramping. These sensations lessen as the area becomes numb

Immediately after a treatment:

- Redness and firmness
- Transient blanching and/or mild bruising around the edges of the treatment area
- Tingling and stinging for one to two weeks after a treatment:
 - Redness, bruising, and swelling
 - Tenderness, cramping, and aching
 - Itching, skin sensitivity, tingling, and numbness. Numbness can persist up to several weeks after a treatment
- Sensation of fullness in the back of the throat after submental area treatment

There are other side effects that can happen with submental and submandibular area treatments:

- Cold exposure to the hypoglossal nerve may cause tongue deviation following treatment of the submental and submandibular areas.
- Cold exposure to the marginal mandibular nerve may cause lower lip weakness following treatment of the submental and submandibular areas.
- Cold exposure to the submandibular gland may cause dry mouth or decrease in saliva production following treatment of the submental and submandibular areas.